



JHAROKHA



District 301

2024



Trish Douglas
IIW President

Preeti Gugnani
Assoc. President

Dr Urvashi Mittal
District Chairman

Shikha Mahipal
Club president

Dr Anju Ahuja
District Editor

Amita Sharma
Club Editor

IWC DELHI UMANG

Charter 6759



CLUB PRESIDENT SHIKHA MAHIPAL

Hare Krishna

No candle loses its light, while lighting another candle, so never stop sharing, caring and helping others

because it makes our life more meaningful.

I am feeling honored to have been given the responsibility of leadership of our club in the centennial year of inner wheel, 2023-24

I would like to extend my gratitude to everyone for reposing your faith and trust in me .

A single feather cannot make wings, but when many of them come together, they can carry the Bird a long way. With your support and cooperation we can definitely take the club to greater heights.

Association President Preeti Gugnani has given us the goal of Trailblazer and the international theme of the year is 'Shine a light'.

So let's all unite and work together to shine a light in someone's life and leave a mark behind .

We all feel proud to have respected charming ,creative and intelligent Dr. Urvashi Mittal as our District Chairman in this centennial year . It's my privilege to work under such a gem of a person .

May the lives of numerous people prosper under the club Umang and Inner wheel

and may the lotus flower blossom in the heart of each and every member so that it brings peace and happiness in everyone's heart .

We women can do wonders for the upliftment of society and for that we need to uplift each other by supporting and encouraging each other .

HARE KRISHNA



DISTRICT CHAIRMAN DR URVASHI MITTAL

Your talent is God's gift to you. What you do with it, is your gift back to GOD*

Hare Krishna

Dear President Shikha

Mahipal, Club Editor Amrita Sharma, and all members of Inner Wheel Club of
Delhi Umang,

Congratulations on the incredible journey of your club! It fills my heart with pride to witness the growth and impact of this club that I introduced to the Inner Wheel world back in May 2019. As District Chairman, I am truly inspired by the dedication and passion of each talented member who believes in the power of personal service.

The diverse pool of skills and selflessness you all possess has undoubtedly made a positive difference in the lives of many.

Right from Charter President Kapila Chopra to Pp Aruna Sahai to IPP Usha Gagrani, all have been exceptionally good.

Your inaugural meeting this year will always be fresh in my memory; you all showed great camaraderie & my hearty felicitation touched my heart.

Your invitation to specially-abled children with unique eyes to create memories by capturing worthy moments highlights your sincere commitment to bringing about a change in people's mindset.

I take this opportunity to extend my best wishes to President Shikha Mahipal and Club Editor Amrita Sharma for being given the opportunity to showcase the exceptional club activities. Your commitment to service is commendable and deserves recognition.

To all the members of Inner Wheel Club of Delhi Umang, may the year ahead be filled with even greater accomplishments and meaningful service. Your collective efforts have the potential to bring about significant change in the community shine-a-light around.

Create & Nurture happiness always

Dr Urvashi Mittal

District Chairman

2023-24



DISTRICT EDITOR DR ANJU AHUJA

DEAR CLUB EDITOR AMITA

WARM INNERWHEEL GREETINGS .

गमों की आँच पर आंसूँ उबाल कर देखो
बनेंगे रंग किसी पर डाल कर देखो,
तुम्हारे दिल की पीड़ा भी ज़रूर होगी कम ,
किसी के पाँव का काँटा निकाल कर देखो ।

CONGRATULATIONS ON TAKING UP THE POST OF CLUB EDITOR IN THE CENTENARY YEAR 2023-24. EDITOR IS THE LINK BETWEEN THE CLUB AND SOCIETY. AS WE MOVE AHEAD FROM WORK WONDERS NOW IS THE TIME TO SHINE A LIGHT ON THE WORKS DONE.

SHINE + BE..... THE LIGHT OF HOPE IN THE LIVES OF THE UNDERPRIVILEGED , THE LIGHT OF COMPASSION + CARING FOR ALL LIVING BEINGS BE IT BIG OR SMALL....FOR THE FAMILIES AND THE COMMUNITIES THAT YOU ARE A PART OF...

FOR.. WHEN YOU DO SONO DARKNESS CAN PREVAIL.

YOUR SHOWCASING THE CLUB ACTIVITIES WILL HELP IN BRANDING OF OUR ORGANIZATION INTERNATIONAL INNERWHEEL.DO IT ON SOCIAL MEDIA + EVEN IN PRINT MEDIA.IT IS A VERY IMPORTANT YEAR WHEN YOU WILL GET TO DO LOTS OF WORK . MOST IMPORTANT IS WORK IN TANDEM WITH YOUR CLUB PRESIDENT.

BEST WISHES TO YOU ,YOUR CLUB PRESIDENT SHIKHAJI + TEAM FOR A SUCCESSFUL CENTENARY INNERWHEEL YEAR 2023-24.

YOURS IN INNERWHEEL

DR ANJU AHUJA

DISTRICT EDITOR 2023-24

INNERWHEEL DISTRICT 301



"No one is useless
in this world who
lightens the
burdens of another."

—CHARLES DICKENS

CLUB PROJECTS + DISTRICT EVENTS



FAMILY WELFARE COMMITTEE



On account of
Makar Sankranti
our club member
donated 7 shawls
and 7 blankets to
the
underprivileged



On occasion of
Pran Pratishtha in
Ayodhya, one
club member held
a Bhandara for
300 people in
Gurugram

FAMILY WELFARE COMMITTEE



Our club president
donated blankets to
roadside dwellers in
the bitter cold



Thirty mufflers were
sent for our brave
Jawans



DIFFERENTLY ABLED COMMITTEE



Our club president donated a pair of crutches to a labourer who met with an accident

Donation of cooler to All India confederation of Blinds in Rohini. Our DC also attended this function and donated Rs 11000/ This project was mentioned in the association and International page also.



Donation of biscuits to inmates of lunatic asylum Nav Kiran in Rohini

EDUCATION COMMITTEE



Donation of Tent for underprivileged children



In a Joint project with three other clubs we donated a tent and biscuits and frooti to the children of Guru Nanak school, Gurugram



Our club gave tablets to class 12 students, two girls and one boy. The tablets were sponsored by IWC Mahanagar D 329



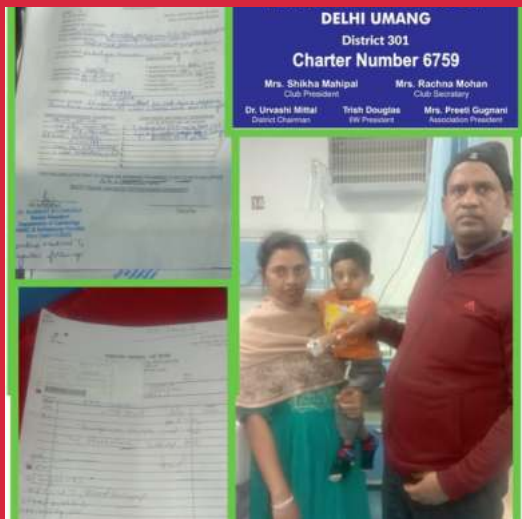
HEALTH AND HYGIENE COMMITTEE



In a joint club project our club assisted in the free eye check up camp in Guru Nanak school, Gurugram



One club member donated groceries to terminally ill cancer patients in Shanti Avedna Sadan near Safdarjung hospital



Our club donated Rs48,300 for the the treatment of a 2 year old child who had a hole in his heart in safdarjang Hospital

WOMEN EMPOWERMENT COMMITTEE



WOMAN'S DAY



Sapna ji also honoured our president for her social services to the needy

On occasion of Woman's Day our club honoured Social worker Sapna Sehrawat for her selfless work for underprivileged by giving her a bouquet and certificate



ENVIRONMENT AND NATURE PROTECTION COMMITTEE

Supported By:  

HAMARI YAMUNA
BRING ALIVE YAMUNA

20 Years of
DRAUPADI Dream TRUST
Empowering at Every Level

WALKATHON

Dress Code
♦ Shades of Blue
♦ White

All to Assemble at Purana Qila Parking

CLEAN YAMUNA: DRAUPADI'S LEGACY

draupadiprograms@gmail.com, draupadi.hamariyamuna@gmail.com
www.hamariyamuna.com, www.draupaditrust.org

अद्विष्ट विर्मत मां
यमुना

सुन्दर नमस्तु ते / सुन्दर नमस्तु यमुना ते





Our club members took part in the Humari Yamuna walkathon to raise awareness on the need to save our water bodies and environment



WALKATHON FOR HUMARI YAMUNA

INNERWHEEL BRANDING AND IMAGE BUILDING COMMITTEE



Shine a light

ASSOCIATION OF INNER WHEEL CLUBS IN INDIA

EUPHORIA

CENTURY GRANDEUR

Centenary Celebrations

10 January	Commemorating Inner Wheel Day NATIONAL MARATHON A Race to Erase Cervical Cancer at Delhi Friendship Dinner
11 January	Centennial Joint Project by all the Districts of India Inauguration of Exhibition House of culture & Digital Exhibition Centennial Awards & Recognitions Gala Dinner
12 January	National Awards & Recognitions for Centennial Year Cultural Performances

REGISTRATIONS OPEN !

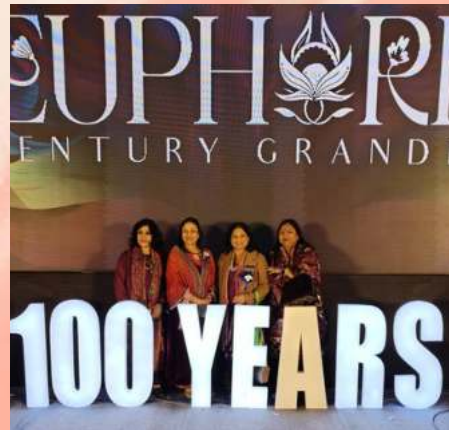
10 11 12 JAN 2024

Registration fee

Early Bird Registration till 15th December 9,000/-
(Inclusive of gateway charges)

Standard Registration post 15th December 10,000/-
(Inclusive of gateway charges)

Couple Registration 15,000/-
(Inclusive of gateway charges)



Five members from our club registered for 3 day Euphoria event and our President took part in the 3km walkathon and received a medal and certificate of participation. Our members got to meet the International IW president, Trish Douglas

DISTRICT HOLI



Shine
a light
Inner Wheel 2023-2024





**Shine
a light**
Inner Wheel 2023-2024

CLUB MEETINGS



GBM January and February



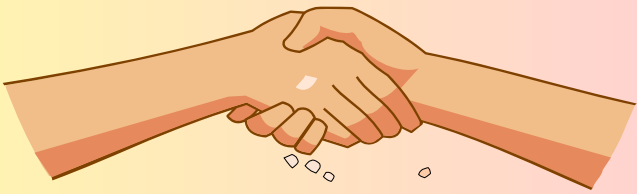
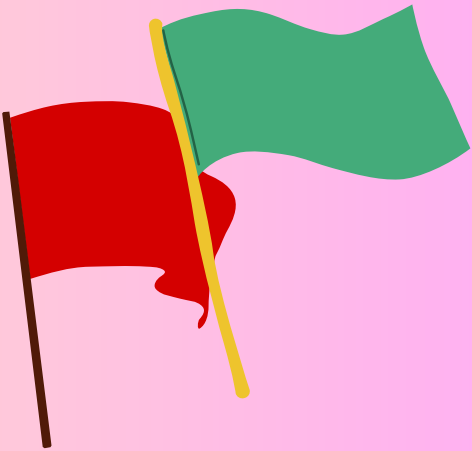
GBM at GK 2 March



Our club celebrated Holi with song, dance and games. Our club also gave a tablet on behalf of IWC Mahanagar D 329 to a needy boy for his studies.



ISO FLAG EXCHANGE & COMPETITIONS



Friendship ambassador ISO Aruna Sahai's various flag exchanges including international also

ISO FLAG EXCHANGE & COMPETITIONS



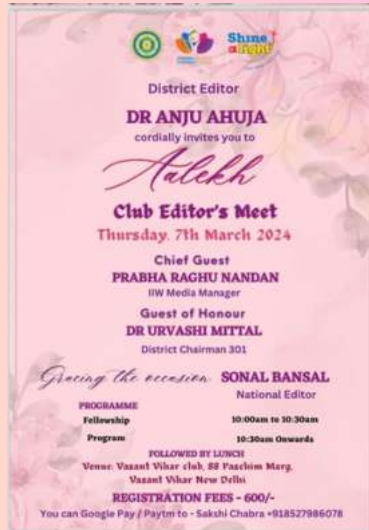
ISO Aruna Sahai has won many certificates and trophies both within and outside district also including 1st prize From IWC Nagpur East and 2nd prize for competition set by IWC Dombivli East



HOLI COMPETITION SET BY CLUB ISO

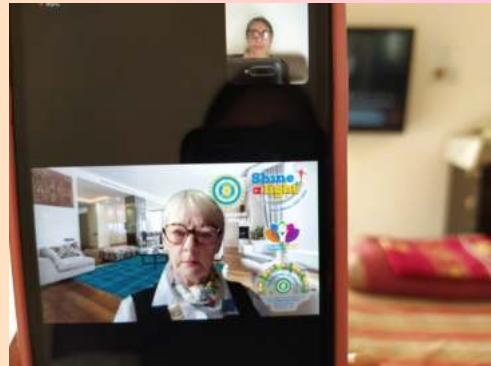


EDITORS MEET



Aalekh Editors meet was held on March 7th with chief guest International Editor and media manager Prabha Raghunandan and guest of honour DC Dr Urvashi Mittal. Editors took part in a ramp walk and displayed our club bulletin cover pages and introduced themselves. DE Anju Ahuja compiled a Navratri Recipe E booklet in which our club Editor of Umang contributed her 'Ghia ki Burfi' and she also received a prize presented by Prabha Raghunandan. A special edition of Orbit was also released. Also in attendance were AC Mala Rishi, DT Deepa Goel, DISO Sugandha Bharti and ESO Renu Gupta

GLOBAL EDITORS MEET ON ZOOM



If you are looking for friendship, service to society and fun with a purpose then awesome gals Innerwheel is looking for you! Live and Learn, it's such a joy! Sign up today..



Together we form a multitude



Amita Sharma Editor
IWC Delhi Umang
D 301

Umang club Editor slogan

Global Editors meet was held on March 27th on Zoom. Editors were asked to share slogans on branding IW. Our DE Dr.Anju Ahuja took part in a video competition and National Editor Sonal Bansal also spoke about Editors as brand ambassadors



History of IW at a glance



GLIMPSES OF INNER WHEEL HISTORY

- First Inner Wheel Club in the world - Inner Wheel Club of Manchester - 10th January 1924
- First District in the world - Inner Wheel District 5 - 1928
- First Inner Wheel Club outside GB&I - Inner wheel Club of Ballarat - 1931
- To mark the occasion of a Club's formation - Certificate of Membership/Charter - 1936
- First District outside GB&I - Inner Wheel District 26 - 1948
- First Inner Wheel Club in India - Inner Wheel Club of Ahmedabad - 1955
- First Inner Wheel District in India - Inner Wheel District 75 later renamed Inner Wheel District 305

IIW Presidents from India:

- Ms. Minna Karpoor, District 301: 1986/87
- Ms. Anita Agarwal, District 301: 1993/94
- Ms. Kamala Ramakrishnan, District 323: 2007/08
- Dr. Pallavi Shah District 314: 2010/11
- Ms. Abha Gupta District 301: 2014/15
- Dr. Kapila Gupta District 301: 2017/18
- Ms. Bina Vyas, District 306: 2020/21

IIW Treasurers from India:

- Dr. Kapila Gupta, District 301: 2013-2016
- Ms. Azhagu Annamalai, District 323: 2016-2019
- Ms. Sarita Lunani, District 302: 2021-2024



WELCOME

TO UMANG SUMAN AGGARWAL



District Excursion to Lucknow and Ayodhya March 11-13 2024



Nine members of the club joined the district excursion to Lucknow and Ayodhya . The first day we explored Lucknow and it's famous markets and heritage sights, the following day we headed to Ayodhya for darshan of Ram Lalla



From the Editor's Desk



DEAR READER, AS WE FIND OURSELVES IN THE MIDST OF THE FIRST QUARTER OF THE NEW YEAR, IT BRINGS A POIGNANT REMINDER THAT AS THE SEASONS CHANGE SO WE TOO MUST LEARN TO ADAPT TO THE EVER CHANGING TIMES AND TRIBULATIONS . I WANT TO CONGRATULATE OUR PRESIDENT AND CLUB MEMBERS FOR CARRYING OUR CLUB NAME FORWARD WITH DEDICATION AND SKILL. REST CAN ONLY BE ENJOYED AFTER HARD WORK, TEAM WORK IS THE NEED OF THE HOUR. CONGRATULATIONS TO DR URVASHI MITTAL FOR BEING ELECTED AS ASSOCIATION SECRETARY AND ANITA JAIN AS ASSOCIATION EDITOR . DISTRICT 301 IS TRULY SHINNING A LIGHT. EXCITEMENT IS BUILDING UP AS THE TIME FOR HUNDRED YEARS CELEBRATION DRAWS NEAR WITH MANCHESTER BEING THE HOST CITY. I PRESENT THE FOURTH ISSUE OF JHAROKHA AND WOULD APPRECIATE ANY SUGGESTIONS FOR THE NEXT ISSUE.



'LET NOBLE THOUGHTS COME TO US FROM ALL SIDES'
RIG VEDA 1.89.1

AMITA SHARMA
CLUB EDITOR 2023/24

BIRTHDAYS + ANNIVERSARIES

BIRTHDAY

PREMU BHANDARI
JAN 5TH

ARCHANA PATHAK
JAN 31ST

USHA GAGRANI
FEB 12TH

DR RAKA BHARTI
FEB 14TH

SAROJ KAPUR
FEB 17TH

ANNIVERSARY

NEETA AGGARWAL'
JAN 23RD

MEENA PANDEY

JAN 25TH

AMITA SHARMA

JAN 26TH

SHIKHA MAHIPAL

FEB 10TH

ANJANABANSAL

FEB 15TH

DEEPIKA KHANDELWAL

+ RENU SHARMA

FEB 16TH

PREMU BHANDARI

FEB 18TH

BINA AGGARWAL'

FEB 19TH

RENU AGGARWAL

FEB 25TH



ACKNOWLEDGMENTS

I EXTEND MY GRATITUDE TO THE CLUB PRESIDENT SHIKHA MAHIPAL , PAST PRESIDENTS AND CLUB MEMBERS FOR THEIR SUPPORT AND ENCOURAGEMENT. OUR DC DR URVASHI MITTAL AND DE DR ANJU AHUJA HAVE BEEN CONSTANT, ENERGETIC AND POSITIVE SOURCES OF INSPIRATION IN THE FABRICATION OF OUR BULLETIN 'JHAROKHA'

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